

DIGESTIVE DISEASES CONSULTANTS

Urea Breath Test

Patient Instructions and Pre-Conditions

1. No antibiotics 1 month before test date.
2. No bismuth medications (Pepto Bismol, Kaopectate, etc.) for **1 month** before test date.
3. **No Proton Pump Inhibitors (Aciphex, Nexium, Protonix, Zegrid, Dexilant, Prilosec, Prevacid, Omeprazole) 2 weeks before test date.**
4. No Sucrulfate (Carafate) 2 weeks before test date.
5. No medications the morning of the test.
6. No smoking, sleeping, or vigorous exercise for at least ½ hour before doing the test.
7. Patient cannot be pregnant or nursing.

Patient Test Protocol

1. **Do Not brush teeth** before the test.
2. Fast for 6 hours before the test
3. Patient will be given a PY capsule. Capsule must be in system for 10 minutes.
4. Once the 10 minutes has passed a breath sample will be taken.

If you need to reschedule or cancel your test, please call the office 24 hours prior to your appointment.

A NO SHOW to a test will result in a NO SHOW fee of \$25.