

DIGESTIVE DISEASES CONSULTANTS

HalfLytely[®] and Bisacodyl Tablet Bowel Prep Kit Split Dose *FOLLOW ALL THE STEPS COMPLETELY*

Step 1: 2 days before the exam- At 6pm; take 1 bottle of Magnesium Citrate (available over the counter at any pharmacy)

**Step 2: CLEAR LIQUID DIET - THE ENTIRE DAY BEFORE YOUR COLONOSCOPY!
Take the Bisacodyl tablet at 2pm day before the procedure**

Take the bisacodyl delayed-release tablet with water. Do NOT chew or crush the bisacodyl tablet. Do not take the bisacodyl tablet within 1 hour of taking an antacid.

Step 3: MIX SOLUTION

Add lukewarm drinking water to top of line on bottle. Cap the bottle and shake to dissolve the powder. The mixed solution will be clear and colorless. Use within 48 hours.

Step 4: DRINK THE SOLUTION.

Begin to drink the solution at _____ only drink ½ of the solution. The 2nd ½ of the container, begin to drink at _____.

Drink 1 (8 oz) glass every 10 minutes (about 4 glasses each time). Drink each glass quickly rather than drinking small amounts continuously. A watery bowel movement should begin in approximately 1 hour from drinking the solution. **Be sure to drink ALL the solution. ½ on the evening before the procedure and ½ on the morning of the procedure, 4 hours prior to your exam.** Nothing by mouth after you finish the second dose of the prep.

Clear liquid diet

These Items **are allowed**:

Water, Clear broths (chicken broth, beef broth, vegetable broth), Juices (apple juice, prune juice, grape juice, cranberry juice, lemonade, Kool Aid), Clear beverages (Sodas, Tea, Coffee), Ices/Jell-O (Clear Jell-O, Popsicles without fruit, Italian Ices)

These Items are **Not Allowed**:

Milk, Cream, Milkshakes, Orange Juice, Tomato Juice, Cream Soups, Oatmeal, Cream of Wheat, Any soups other than clear broth

If you experience problems please call 815-936-1700 if scheduled at our surgery center or 815-937-5200 if scheduled at the hospital. If it is after office hours the doctor on call will be paged for you.

