

MoviPrep
(PEG-3350, Sodium Sulfate, Sodium Chloride, Potassium Chloride,
Sodium Ascorbate and Ascorbic Acid for Oral Solution)
**Low Volume Prep.
High Volume Efficacy.**

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Colonoscopy Date: ____/____/____ Arrival Time: _____ am/pm Procedure Time: _____

Surgery Center @ Center for Digestive Health St. Mary's Hospital Riverside Medical Center Iroquois Memorial

Because of medications used during the procedure, you will need a driver to take you to the hospital/surgery center and pick you up.

Patient Preparation Instructions for Colonoscopy

Preparation for Colonoscopy with Moviprep: You must fill your prescription for Moviprep at your pharmacy as soon as possible. **If your pharmacy does not have Moviprep in stock, it can be ordered and ready for you to pick up within 24 hours.**

Clear Liquids and Juices Allowed

Water – Clear Fruit Drinks (Apple Juice or Strained Fruit Juices)–Vegetable, Chicken, Beef **Broth** (Bouillon or Consommé)–**Plain Jell-O** (no fruit or toppings) – **Coffee**, Regular and Decaffeinated – **Tea**, Regular and Decaffeinated – Honey – Sugar Substitute – **Carbonated Beverages** (Pop or soda) – **Popsicles** – **Gatorade**– Propel–**Plain Hard Candy**

NO RED OR PURPLE COLORS ***** **NO SOLID FOODS, MILK OR MILK PRODUCTS**

Medications to Avoid Five (5) Days Prior to Procedure

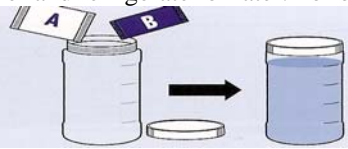
Aspirin, Coumadin, Plavix, Arthritis Medicine, Ibuprofen (Advil, Aleve, Motrin) Naprosyn, Vitamin E, Fish Oil

If you are diabetic, please discuss dosage adjustments with your primary care physician.

Day Before Examination

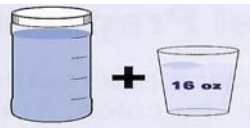
1. **Drink only clear liquids throughout the entire day.** (See examples in the above list)
2. It is important to drink at least **eight (8 ounce = 1 cup)** glasses of clear liquids throughout the day.
3. Mix the first liter of Moviprep in supplied container and refrigerate for later. Follow mixing instructions below:

- Empty 1 Pouch A and 1 Pouch B into the disposable container
- Add lukewarm drinking water to the top line of the container. Mix to dissolve



Drink the first liter of Moviprep at _____ as listed below. Be sure to drink additional clear fluids afterwards.

- The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz), until the full liter is complete
- Drink 16 oz of the clear liquid of your choice

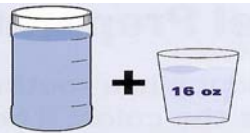


4. **Consume entire prep within 2 hours for both dosages.**
5. Moviprep will take effect in 30 minutes to 2 hours, so stay close bathroom facilities.
6. During the evening, prepare the **second batch** of solution by mixing 1 pouch A and 1 pouch B into the empty MoviPrep container. Add lukewarm water to the top line on the container. Tighten the lid and shake well to dissolve the powder and refrigerate to chill.

Day of Examination 4 Hours Prior to Arrival at Surgery Center/Hospital

Drink second liter of Moviprep at _____ as listed below. **Nothing by mouth after the morning dose. Stomach must be empty 2 hours before procedure**

- The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz), until the full liter is complete
- Drink 16 oz of the clear liquid of your choice



REMINDER: You must be accompanied by a driver, because you will be sedated for the procedure.

Call with any questions (815) 937-5200